

RESOURCES FOR MEN - 2009

for helping Professionals

A handy reference of services, groups and workshops available to men in the Auckland Region.

www.essentiallymen.net

Produced and Distributed by **Essentially Men Education Trust**

13 Maidstone Street Ponsonby Auckland
09 376 2386 essentiallymen@clear.net.nz

Auckland wide

ESSENTIALLY MEN 09 376 2386
Weekend workshops, community development, men's groups, counselling referral
13 Maidstone Street, Ponsonby
www.essentiallymen.net

MENSTALK

Face to face counselling 0508 636 782
www.menstalk.co.nz

South

FRIENDSHIP HOUSE 09 262 2322
Harness Anger Programme

CARE NZ 09 276 7193
Drug & Alcohol therapy group

CADS 09 845 1818
Community Alcohol & Drug Service

North

MEN IN CHANGE
Weekly Support group, Raeburn House
138 Shakespeare Rd, Milford
Tuesday's 7.30pm Joe Barker 09 480 8307

West

MAN ALIVE 09 835 0509

- Anger Management
- Boys Self-Esteem
- Men's and Youth Counselling
- Father-Son Counselling

www.manalive.org.nz

Kaipara

South Kaipara Men and Family Centre
Services directed towards the needs of Men and their families. 09 4208263

Youth

BIG BUDDY 09 838 4448
Mentoring Program for 7-12yo boys
www.bigbuddy.org.nz

YOUTHLINE 09 376 6645
One-to-One youth anger management
Personal development groups
Voices Program 15-17 yrs
www.youthline.co.nz or www.urge.co.nz

CHANGESWORKS TRUST
Ron Hepworth 09 836 3773 or 09 832 2720
Programmes and counselling for Boys, Youth and Fathers.

16 week Adolescent anger management programme 16 – 18 yr old youth.

PATHWAYS TO MANHOOD 09 376 2386
A 5-day Rites of Passage Programme for boys becoming young men.

GRIEF RECOVERY Seasons for Growth

A peer support programme for children and adolescents dealing with grief of separation, divorce and death. Parents can be involved.
Judith 021 702972 09 537 3407

Parenting

Parent Trust 09 376 0400
Being the father you want to be
(formerly Anger Change Trust)

Parents Inc. 09 524 0025
www.parentsinc.org.nz
(formerly Parenting with Confidence)

New Father's Group

Frank Hayes – Albany Health and Wellness
Monday nights 09 447 3764

Fathers Court Issues

MENS CENTRE NORTH SHORE
Advice & information about Family Court, Custody & Access, Protection Orders, Casualties of false allegations of Domestic Violence or sexual abuse, Child Support and Matrimonial Property, Support and information meetings. Also offers supervised access and McKenzie friend to support you in court.
www.menscentre.org.nz Jim Bagnall
09 415 0049, 09 815 0307, 021 170 7375

MENZ - www.menz.org.nz
Resources for fathers, particularly those representing themselves in Family Court. Advocacy, WINZ, Child Support
Jim Bailey 09 482 2960 or 027 429 0055

www.fathers.orcon.net.nz
Information on staying away from & dealing with the Family Court.

Fathers Support

Shore Fathers – Supporting Dads
Craig Davis (evenings) 09 483 2477
www.shorefathers.org.nz

Fathers with children with disabilities support group Des Yates 09 838 6535

Sexual Abuse Survivors

Counsellors
Colin Wrennal 09 833 9459
Peter Milne 09 834 7322
Male Survivors of Sexual Abuse Trust – Mens Support group
David Passel 021 356 400

Couples

IMAGO COUPLES WORKSHOP
Getting The Love You Want
With Peter McMillan & Brenda Rawlings
Ph: 09 425 7980 0800 462464

Stopping Violence Groups

West Auckland - Man Alive Ph: 8350509
North Harbour Living without Violence Collective. 09 489 3770
Parent Trust 09 376 0400
(formerly Anger Change Trust)

Inner City Group for Men 09 307 5804
Manukau City Friendship House
- Harness Anger 09 262 2322
Waiheke Living without Violence 09 372 9220
Rodney Stopping Violence Services 09 425 8130
SAFE – Sex Offender Programme.
Adult & Adolescents 09 377 9898

MAORI MEN STOPPING VIOLENCE

Te Ara Taumata Ora - 09 835 0509
at ManAlive

Telephone Counselling

MENSLINE 09 522 2500
6.30pm-10.30pm
LIFELINE 24 hrs 09 522 2999
KIDSLINE 24 hrs 0800 KIDSLINE
CHINESE LIFELINE 09 522 2088
GAYLINE 10am - 10pm 0800 OUTLINE
RAINBOW YOUTH 09 376 4155
YOUTHLINE 0800 376633
DEPRESSION LINE 0800 111757

Mensline: 522 2500 or 0800 MENSLINE 6.30pm-10.30pm 7 days

Crisis and Support Line for Men

www.mensline.org.nz