

The Crucible

First Name: _____

Last Name: _____

Address: _____

_____ Postcode: _____

Phone : Home: _____

Work: _____

Mobile: _____

Email: _____

\$250 Deposit

Early Bird \$1095 (if paid in full by 16 April 2017)

Full payment \$1195.00

Payment plans and subsidies are available. Please feel free to approach us.

I enclose \$.....

(Make cheques payable to Essentially Men)

I have paid by internet banking \$.....

Essentially Men Account: ASB 12 3049 0104234 00

Particulars: Initial & Surname Code: CRUCIBLE



Men Said It...

- *"Very rich and rewarding, deep - I'm still processing it but it was very much 'in my body' and I still feel it strongly. While my other EM works were like "wow this is who I can be!" this was like "this is who I am". It took me deep, inward instead of outward almost...? I really think I will do more of the Crucibles."*
- *"It's a very real invitation into the deep conversation of how I'm living and want to live my life. A rare 5 days of reflection & exploration with wise companions at my side and at my back."*
- *"I promise you The Crucible will change your life forever, just like it did mine. It will challenge you! It will push you to the limits! It will bounce you up and down like a yoyo! It will turn your feelings inside out and stab you in a place you didn't know existed! It will make you cry and scream and face the darkest demons! And then it will take you to a very peaceful place... YOU WILL BE A DIFFERENT MAN! It is my promise to you".*

ENQUIRIES

0 9 3 7 6 2 3 8 6

Send Registrations to:

Essentially Men
13 Maidstone Street
Ponsonby, Auckland 1021

Online Registrations:

www.essentiallymen.net
Course Calendar

Essentially Men Education Trust present:

THE CRUCIBLE



**A residential experiential life
journey for men**

16 – 21 May 2017

Essentially Men Education Trust
www.essentiallymen.net

What is it to be a man amongst men?

There is a hunger in our communities for men who can stand up connected with their heart and make a contribution. We live in a time of increasing emphasis on status, policy and procedure at the cost of living relationships. Many men have lost touch with the satisfaction of making a contribution to something deep whilst bringing their engaged selves to the process.

The Crucible – developing self-authority

The Crucible is our five day development programme for men. We have refined methods that are effective at supporting men to develop their leadership and sovereignty. Working in connection with a powerful and heart-centered group of men the programme nurtures men to develop self-authority, presence, purpose and heart-inspired contribution.

Expect to develop:

- Ability to lead from a place of presence with yourself and others.
- Skills that enhance facilitation, leadership, co-enquiry and co-creation.
- Clear thinking about group functioning and evolving group norms.
- Capacity to work with intuition, story and body wisdom.
- The art of living in the unknown and being in transition.
- Stronger alignment with your purpose.
- Ability to stand in the world as a man with heart and courage and authority.
- Your ability to be playful and spontaneous.

Who will benefit?

The Crucible will be of benefit to all men who want to enhance their effective functioning in the world. It supports a deeper understanding of who we are as men in relation to other men. It is suitable for men with previous experience and confidence in being in a group and working on themselves.

For over 20 years Essentially Men Education Trust has been developing ways of working effectively with men. Thousands of men of diverse ages and cultural backgrounds have engaged in explorations of core issues surrounding their male identity, and their ability to connect meaningfully with themselves, other men, their partners and whanau.

How it works

We will be hands on with our own process and that of other men. We learn how to work with men by putting ourselves on the emotional map and really getting alongside each other with modeling and exploring our issues and how we actually are in relationship.

You will be challenged to be authentic! Actively involved in experiential group work involving learning with cycles of practice and reflection. At times, the facilitators will lead the group in the work, informed by the emerging motivations and group dynamics. At other times group members will be taking initiative to progress their own and each other's developmental work.

The facilitators will bring experience in ways of working such as: collaborative group work, inner journey, bodywork, ritual, action methods, expressive therapies, shadow work and deep listening. You will bring to this mix your own experience and ways of working.

If you feel the calling come on the Monday around lunchtime and help setup and prepare the great food we will eat over the week in an informal setting hopefully with a sauna in the evening. Stay the night and prepare for the coming days. All attending the event are welcome.

Cost: \$1195.00 Includes food and accommodation for the 5 days

Early Bird Price (if paid in full before 16 April 2017)
\$1,095.00

Deposit: \$250.00

Time: 6.30pm Tuesday 16 May - 4pm Sunday 21 May 2017 inclusive.

Registration:

Send form on back of sheet to:

- *Essentially Men*, 13 Maidstone St, Ponsonby, Auckland
- Ph: 09 376 2386 or
- Register **online** from the course calendar on our website www.essentiallymen.net

We recognise men have differing financial circumstances. If the money is a problem contact us and let's talk about a payment plan. There are also some subsidised places also available