

Holding Heart Connection Registration Form

First Name: _____

Last Name: _____

Address: _____

_____ Postcode: _____

Phone : Home: _____

Mobile: _____

Email: _____

\$90 each prior to June 15th 2017

\$105 each from June 15th 2017

Yes, I look forward to attending.

I am coming by myself

I am bringing a friend/partner:

Name: _____

I enclose \$.....

(Make cheques payable to Essentially Men)

I have paid by internet banking \$.....

Essentially Men Account: ASB 12 3049 0104234 00

Particulars: Initial & Surname Code: HEART

You can also register Online:

www.essentiallymen.net - go to course calendar

*For me, this day had the feeling of something incredibly important, not just for me and my partner, but for our wider families and friends, our communities, and the world at this time. It seems so simple, to bring men and women into the same room together with the intention of connecting from a heart space, and the experience showed me how infrequently I truly do this. It showed me the power of the heart, the depth and diversity of my fellow beings, and the potential for healing that this kind of day has. There was an undercurrent to the whole day for me, which was how being truthful and accepting, of every part of myself, and of every part of others, can bring about healing in the most unexpected ways and places. And as within, so without. I feel more in touch with the light and the dark inside me as a result. Thankyou! – **Previous Participant***

*I found the day as enriching as at the previous heart connection day. A time to be with people in a meaningful way; different to the day-to-day chit chat. It is also a day of reflection for me and my life – relationships- **Previous Participant***

Essentially Men Education Trust present:

HOLDING HEART CONNECTION



Jon & Michelle Brewerton

Saturday July 15th 2017



P. O. Box 68 – 311
Newton,
Auckland, 1145
T: 09 376 2386
E: info@essentiallymen.net

Essentially Men create many experiential spaces for men to step into during our courses. One of these that is held on the Sunday afternoon we call our heart circle. The space is created and held in ritual within a circle of chairs. It is a place for us as men to express deeply from our heart about matters that are important to us. Men have spoken, danced, sung, and expressed how they are in this moment. We share this experience by deeply listening and seeing this man within this container. It can be deeply moving and uplifting to share so profoundly with other men.

This process is being created for both men and women to experience the important places in our hearts so that we can both understand and see into different areas of the masculine and feminine experience.

We will warm up to the process by getting into connection with each other during the morning through a number of processes and meeting points.

We will provide spaces to show each other what our reality actually is. There may well be things shared that have not been spoken ever. We may find connections in the most unlikely of places!

What level you share to is entirely governed by you and how safe you feel. I invite you to ponder what makes you feel safe and to explore whether that level is actually required in this moment.

If you want to discuss this further with Michelle or I, please do so as we are open to hearing from you and hope to see you on the day.

Jon Brewerton
Ph: 021 761 102

Facilitators:



Jon facilitates a number of Essentially Men's programs over the last eight years and brings a wealth of experience in personal development.

Michelle has been in relationship with Jon for 29 years and learned a little about the practicalities of making a relationship work. She has also spent 29 years working with people in the counselling arena combining an interest in the theory and practice of human relationships.

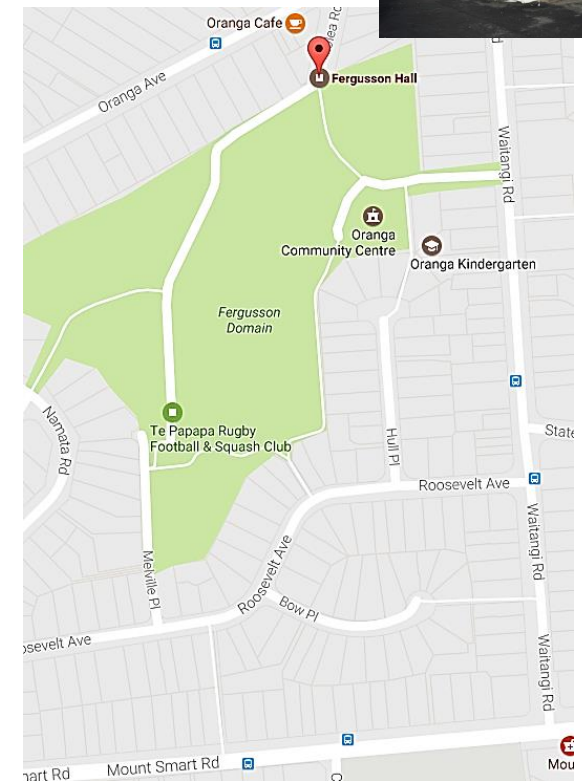
*These circles of men and women are vital for healing cross gender wounding. A number of men and women in the circle opened their bellies and revealed deep vulnerability, -being hurt by others and also hurting those we love; for example, sharing the effects of sexual abuse openly with witnesses hearing believing validating-is demonstrating huge courage and trust... I will support the growth of sharing circles for men and women for the purpose of deepening emotional and spiritual connection between men and women so that our children can play more happily and safely in our midst, strengthening our families communities and our nation of Aotearoa, New Zealand- **Previous Participant***

*I shared with a woman other than my partner in a way I haven't done before. Would love more of this. I heard women speaking powerfully in a heart circle. My partner shared in a way that felt transformative for us. For me, the greatest value and depth will come if we keep meeting in the space and working with what emerges-**Previous Participant***

Date: 15th July 2017

Time: 9.00am – 5.00pm

Venue: **FERGUSSON HALL**
5 Olea Road, Onehunga



Bring: Food for a co-created shared lunch and layers of clothing for comfort.