## **Advance Notice!**

The 'Women's Work' team presents:

## Woman's Journey to Herself



## You are invited to BREATHE OUT ... and COME HOME

Dive in, play, reconnect with and embrace the universal and personal journey of what it means to be a woman today.

Unfolding the fabric of your womanhood .... join us to explore new possibilities in yourself through creativity, movement, story, reflection, sharing, ceremony and more ....

Bring your curiosity and enjoy being nourished by the wild Waitakeres, home cooked food and the company of other women.

"How might your life have been different if there had been a place for you? A place for you to go... a place of women, to help you learn the ways of woman... a place where you were nurtured from an ancient flow sustaining you and steadying you as you sought to become yourself. A place of women to help you find and trust the ancient flow already there within yourself.... waiting to be released...

A place of women...

How might your life be different?"

Circle of Stones: Woman's Journey to Herself. Judith Duerk.

A workshop for any woman - of any age - who is interested in exploring her authentic self

Fri 23<sup>rd</sup> February, 6.30pm - Sun 25<sup>th</sup> February, 4.30pm 2018

Venue: Aio Wira <a href="http://www.aiowira.org.nz/">http://www.aiowira.org.nz/</a>

Maximum number of participants 18, so book early to ensure your place

Workshop Fee: \$475.00 (includes \$200 non-refundable deposit)

Early Bird: \$425.00 if paid before 12th Jan, 2018.

Workshop Fee includes all food, accommodation and resources.

For inquiries or to enrol, contact Jacquie at: womensworknz@gmail.com

## **Your Facilitators:**

We have many years' experience working with women and bring a wide range of talents and skills to this work.

**Jacquie Sokolov Pearson.** Jacquie has run many groups and workshops including women's retreats spanning 6 months in the Kaimai bush. She has written and performed a one woman show about the Ancient Goddess Inanna. Jacquie is a skilled ritual maker and is passionate about marking life transitions. She brings warmth, playfulness and an empowering presence to her work.

**Tracey Murphy.** In her work as an Art Therapist, Tracey facilitates groups and individuals using creative process journeys. She understands the potency of holding space for another and witnessing, allowing the shift into a new "gesture". As a mother of now independent young men she has been involved with rites of passage work for many years and holds a steady flame for working with both genders to enable healthier relationships.

**Kathryn Firth.** Kathryn is passionate about women deepening their connection with their essence, enhancing their creativity and encouraging juiciness. She has many years of experience participating in and leading womens' groups. Her professional background is in physiotherapy and therapeutic massage. She brings warmth, witness, fun, acceptance and vitality to her connections with women.

**Peta Joyce**. Peta has been involved in the women's movement since the 1970's and brings deep listening, compassion and earth-based spirituality to her work. She has facilitated many workshops and trainings in personal growth and professional development, and practised body psychotherapy, mentoring and supervision for over 30 years.

We have come together in response to requests from women to the Essentially Men network to offer workshops for women alongside their work for men. We appreciate and acknowledge their support.

