

MEN ON THE MOUNTAIN

REGISTRATION:

You can register on the Essentially Men website:
<https://www.essentiallymen.net/registration-page>

PAYMENT:

- o \$100 Deposit: needed for acceptance of registration (non-refundable if you withdraw after 1 October 2023)
- o Early Bird \$325 (if paid in full prior to 30 September 2023)
- o Full payment \$395 (must be paid in full by 21 October 2023)

For men who are keen to come but experiencing financial hardship, please contact [Murray Allen](#) to discuss subsidy options.

To pay online visit the Essentially Men website (www.essentiallymen.net).

To pay by internet banking:

Essentially Men Account: ASB 12 3049 0104234 00
Particulars: Initial & Surname Code: **MOM23**

CATERING

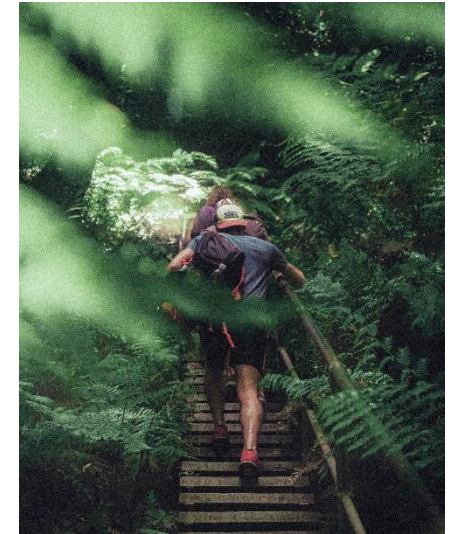
Food is included in the cost of registration. Meal preparation will be a joint effort by the men at the gathering. All dietary requirements will be catered for.



Drug and alcohol free please.

Essentially Men Education Trust present:

Men on the Mountain



The Essentially Men Spring Gathering

26 – 29 October 2023

**A weekend of rich companionship and
inspiring dialogue**

The **MEN ON THE MOUNTAIN** gathering is an opportunity to connect with men of the community at the Mt Pirongia Forest Park Lodge situated on the eastern edge of Pirongia Forest Park.

We gather in Spring, at a time when life is stirring with expectation of new beginnings, in the wildness of Mt Pirongia. Hear the call of the Tui in a bush sunset; be with the slow drifting smoke from the brazier curling its way skyward. Connect with other men and experience the energy and healing that comes from being with a community of men where masks and pretensions are dropped; where you can be real.

This is a chance to gather in a beautiful outdoor setting providing another opportunity for connection and community in the latter part of the year.

This is a chance to look to our expansion as we head towards the longer days of summer. We can stretch our legs walking on the mountain or relax on the deck of the lodge. There is easy access to tracks in the bush and a stunning vista over the Waikato. For those with a more adventurous spirit there is a 100m long (10m high) flying fox and for the competitive a six hole Frisbee golf course.



Here we can give ourselves space from our busy lives in a beautiful setting in the spirit of GOTC and Heartbeat.

We meet in a soulful way to foster connections, deepen community, share dreams and visions, and reflect together how we are learning to gather as men. The programme will embody spirited dialogue, inspired conversation, deep sharing and no doubt great food.

All men who are part of the EM network or who have experienced personal development with men in groups are welcome at this event. Please note that the gathering commences on **Thursday** evening. **Arrive from 4.00pm** and help prepare a dinner and we'll eat around **6.30pm** before the opening circle. Join us for a genuine deep and loving time together and see what is emerging.



P. O. Box 62
Tokoroa 3444
T: 09 376 2386
E: info@essentiallymen.net

If you want to be part of this then [register](#) and put the date in your diary. We look forward to connecting with you.

Arrive anytime from 4.00pm on Thursday, group prepared meal will be at 6.30pm.

Venue:

Pirongia Forest Park Lodge,
297 Grey Road, Pirongia 3285
<https://www.pfplodge.org.nz>



What to bring:

- A sleeping bag and pillow (the centre provides mattresses only) as well as extra blankets to keep warm.
- Towel, toiletries.
- Comfortable indoor clothes. And warm clothes for outdoors (weather permitting) and possibly walking in the beautiful surrounds.
- Cushions if you have them for sitting on in the hall.
- There will be an opportunity to do a solid walk on Mt Pirongia on the Friday afternoon. If you wish to participate in this (and your fitness level is up to it) bring appropriate resources for being in the NZ bush at altitude. (Thermals, wet weather gear, appropriate foot wear and backpack).